



Walkability Checklist

Everyone benefits from walking. Along with improved fitness and cleaner air, walking reduces the risk of certain health problems and promotes a greater sense of community. But walking needs to be safe and easy. Use this checklist to decide if your neighborhood is a friendly place to walk. Simply print off the checklist and take it with you on your next walk. As you walk, pay attention to what is working, but also note the location of things you would like to change. When you return from your walk, enter your findings on-line at www.fitfargo.com. Also, check out the site for ideas and resources on how to work toward making your community more walkable.

Location of your walk. Please give a general description of the route you walked. (i.e. up 4th St. N. to 12th Ave. N and back)

From: _____ To: _____

Town: _____ Zip code of where you walked _____

1. Did you have room to walk safely?

- Yes No
- No sidewalks, paths, or shoulders
 - Sidewalks or paths started and stopped
 - Sidewalks were broken and cracked
 - Sidewalks were blocked with poles, shrubbery, snow, etc.
 - Sidewalks were not at least five feet wide
 - Sidewalks were not separated from traffic by a parkway
 - Sidewalks were not on both sides of the street
 - Too much traffic
 - Something else _____

Location of problems:

2. Was it easy to cross streets?

- Yes No
- Road was too wide
 - Traffic signals made us wait too long
 - Traffic signal did not give us enough time to cross
 - No striped crosswalks or traffic signals
 - Parked cars blocked our view of traffic
 - Trees or plants blocked our view of traffic
 - Needed curb ramps or ramps needed repair
 - There was not a safe place to cross every 300 feet
 - No median on a street that had more than two lanes
 - Something else _____

Location of problems:

3. Did drivers behave well?

Yes No

- Backed out of driveways without looking
- Did not yield to people crossing the street
- Turned into people crossing the street
- Drove too fast
- Sped up to make it through traffic lights
- Something else _____

Location of problems:

4. Was your walk pleasant?

Yes No

- The walking area was not interesting
- Needed more grass, flowers, or trees
- Threatening animals
- Not well lighted
- Dirty, lots of litter or trash
- Dirty air due to automobile exhaust
- There were no other people walking
- It was nighttime and did not feel safe
- Something else _____

Location of problems:



5. Other concerns or any problems identified that were not covered above.
